

[Free] Building Psychological Safety and High-Performance Teams

14 Jan 2026 (Wednesday)
1:00pm – 2:00pm
CPD Hours: 1



English

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Strong, effective team leaders build trust and improve performance by creating an environment where people speak up, admit mistakes, and ask questions. This strengthens belonging, fuels innovation, and drives higher performance. Participants will learn practical, evidence-based strategies to create psychological safety through real-world scenarios, shared discussion, short video clips, polling, and evidence-based actionable steps.

Key takeaways:

- Strengthen team trust and cohesion – Create a psychologically safe environment that supports open dialogue, accountability, and collaboration
- Navigate team dynamics with confidence – Understand team behaviours, motivations, and group dynamics to lead more effectively and reduce friction
- Build high-performance team habits – Establish routines, rituals, and behaviours that sustain performance, accountability, and continuous improvement.



Gerard Seijts

PhD, Professor Organisational Behaviour,
Ivey Business School

- Global authority on leader character, change management, and building high-performance teams
- Founding Executive Director of the Ian O. Ihnatowycz Institute for Leadership.
- Award-winning educator, recently recognised by military academies in Ukraine for his contributions to leadership development



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